

## Conference





Montserrat Restaurant is located under the squares of Santa Maria, which was reached by a spiral staircase.

Our conference dinner will begin with an *english-guided visit* through the natural landscapes of the Montserrat Mountains. Which are known to be magical and powerful. A spiritual liberating experience ideal to start enjoying the Montserrat cuisine.

The Montserrat area will be exclusively opened for the ICCE conference participants an unique opportunity to be in touch with one of the most amazing surroundings in Barcelona.

The Restaurant of Montserrat opened on the ground floor of the Mirador dels Apòstols building . The building, designed by Father Pere Busquets, commands superb **panoramic views** over the mountain, the *Santa Cova* (Holy Grotto) and the Llobregat Valley.

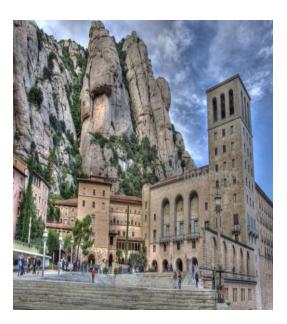
This spacious restaurant enables you to enjoy excellent-value Mediterranean cuisine in the company of your colleagues.





Montserrat is a multi-peaked mountain located near the city of Barcelona, in Catalonia, Spain. It is part of the Catalan Pre-Coastal Range. The mountain is the namesake for the Caribbean island of Montserrat.

It is well known as the site of the Benedictine abbey, Santa Maria de Montserrat, which hosts the Virgin of Montserrat sanctuary and which is identified by some with the location of the Holy Grail in Arthurian myth.





"Montserrat" literal means "saw" (serrated, like the common handsaw) mountain" in Catalan.

The geological origins of the massif are sedimentary. The rocks of Montserrat, formed by pebbles bound together by a natural cement of sand and clay, are very hard and resistant to erosion.

Nevertheless, the wind and rain have, over time, shaped the mountain to form "needles" or monolithic rocks with strange and varied forms.

The popular imagination has seen human or animal shape in some of these peaks, giving those names and inventing legends to explain their fantastic origins

## **Please Remember:**

- The pick- up will be at 18:30 h. in the World Trade Center. -We will be announcing the visit 15:00 minutes earlier.